

Detox outpatient services moving to new building

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Residents of Gallup and the surrounding areas will have an easier time accessing outpatient services for substance use disorder treatment starting April 1.

Four Corners Detox Recovery Center announced on March 4 that it will move its outpatient program to the Aztec Professional Building at 1808 E. Aztec Ave. This move was made possible with funding from a Health Resources and Services Administration grant.

The HRSA Rural Communities Opioid Response Program grant aims to increase access to medication assisted treatment for substance use disorder. While FCDRC currently offers these services at its Hasler Valley Road location, the new facility will provide staff with additional

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space and resources.

“Our facility on Hasler currently houses our detox, residential, outpatient, outreach and MAT programs and our administrative offices. It’s a tight fit,” Maura Schanefelt, FCDRC Director of Prevention and Recovery, who is also overseeing the implementation of the grant, said. “The new office space will allow us to treat more clients and expand our services including in-person counseling, group classes and telehealth while also giving us the opportunity for additional growth at our Hasler building.”

The Aztec location, Four Corners Detox Recovery Center Outpatient Services, will also serve as the hub for FCDRC’s MAT program which uses medications like methadone, buprenorphine, and naltrexone to help manage withdrawal symptoms, reduce intense cravings, normalize brain function and stabilize mood. This makes it easier for individuals to focus on their recovery without being consumed by the physical discomfort and psychological urge to use substances. It also increases the likelihood that individuals remain engaged in therapy and recovery, which leads to better outcomes.

“In rural communities, accessing SUD treatment in general can be challenging and MAT even more so due to a scarcity of healthcare providers who can prescribe MAT medications, lack of transportation, and the pervasive stigma surrounding substance use,” Stacy Martin, Santa Fe Recovery Center CEO, said. “This new location will provide us a foundation to really build out our MAT and outpatient services and ensure as many folks in the community as possible get the support they need.”

FCDRC will host an open house at the new facility on April 3.

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