

According to the Farmer's Almanac, Native Americans of the San Ildefonso Pueblo call the August full moon, the Wheat Cut Moon. This will appear on Aug. 18. Expect the fruits of your labors to be healthy and strong. Madame G suggests that you search for excellence rather than perfection. One is attainable. The other leads to heartburn and neurosis. Choose wisely.

Aries (March 21-April 19)

We're heading into the dog days of summer. You'll experience nostalgia and excitement. We'll shift from one mode of living into another. Don't give up on a potential life path, or career choice because it takes more work than you originally thought. If it's worth it, you'll pursue it. If not, it's not the path for you. We live the life we're meant to because we pursue what we must have. Act now!

Taurus (April 20-May 20)

Your heart is full of compassion and concern. Co-parenting is hard in any age. Perhaps it's even harder when you can't speak calmly. You don't have to work everything out, just find common ground. You may never experience the perfect balance. But that doesn't mean you can't be civil and experience peace. Someone else's opinion of you doesn't define you. Love yourself!

Gemini (May 21-June 20)

Life is funny sometimes. It's also heartbreaking and beautiful. Your mission is to discover that hidden place within yourself that's always searching. Madame G suggests getting out in nature and exploring this natural world. Photograph the incredible lightning displays (make sure you're at a safe distance) and try something new and terrifying, whether it's skydiving or snorkeling. If it's new to you, just do it. Enjoy!

Cancer (June 21-July 22)

It's okay to admit a weakness. This doesn't make you weak. In fact, showing vulnerability is a type of strength. Because you're actually revealing your inner strength, you'll appear stronger and wiser. You'll hate this, at first, but you'll notice that people treat you better than you'd first imagined. And if they don't, they're probably not worth having in your life. Live well!

Leo (July 23-Aug. 22)

You should make a point to call a loved one. Take time out of your busy life to express your love and concern for an adult child, friend, or co-worker. You'd be surprised what you'll learn and how grateful that person will be to hear from you. Offer the gift of your time, and others will honor it. Give freely!

Virgo (Aug. 23-Sept. 22)

It's time to get back into the swing of things. After a splendid vacation fishing for salmon, or taking time for yourself, ease back into your life with full force. Say yes! Make a point to try something new — from attending the Santa Fe Opera's Vanessa, visiting the Carlsbad Caverns, swimming at Elephant Butte, or learning sign language, just say yes. You'll be so glad that you did. Live now!

Libra (Sept. 23-Oct.22)

You've probably realized that those around you don't really share your enthusiasm. Don't be discouraged. They don't share your great taste either. Learn to share your gifts with love. Embarrassment and greed don't serve any purpose when you give yourself over with love and intention. They may not love your activity, but they may just love you. Trust yourself!

Scorpio (Oct. 23-Nov. 21)

It's a mad world. Live it up! This is your time to track down those challenges and take them down. You can accomplish incredible feats with limited resources. Take the time you need on certain projects, but remember to manage your energy rather than your time. Give what you can to work, family, and outside expectations. Pursue personal commitments as ruthlessly as you would for a friend or job. Break a leg!

Sagittarius (Nov. 22-Dec. 21)

Pursue order with a vengeance. You'll need structure and discipline to get it all accomplished. Even if you have to get the kids to school, start a new job, and help a friend all on the same day — you've got this. Anything is possible with a little planning and some help from your family. Good luck!

Capricorn (Dec. 22-Jan. 19)

If you took some much-needed time for yourself, it may seem selfish. Those around you may not appreciate your boundaries. You may feel guilty. But you've needed this time. It's important to ensure your mental and physical health. Do your best to take care of yourself. The trick is to provide plenty of space for a friend, spouse, or family member to pursue peace-of-mind, too. If you don't allow them that, they can't or won't help you.

Aquarius (Jan. 20-Feb. 18)

You're probably starting to feel a little shift in the universe. Is it the change of seasons? Perhaps the political climate is getting to people. Whatever the case, those around you seem a little unhappy and grumpy. You're reality is not their reality. You don't have to be sad just because everyone else is. Enjoy yourself. It's not selfish. Smile!

Written by Gallupsun Staff
Friday, 12 August 2016 00:41

Pisces (Feb. 19-March 20)

Love is wherever you look for it. You may experience joy in a sunset, the birth of a child, or in the death of a loved one. Life is never all good or all bad. We must learn to accept the sweet along with the bitter. Take a drive or walk around your neighborhood when the burden wears you down. Breathe in the fresh air and remember how lucky you are to be here today. Peace!