

Paraskevidekatriaphobia! It's the fear of Friday 13. Madame G suggests breaking free of self-induced fear. Halloween is over and with the Sun in Scorpio, you don't have time for nonsense. Dig deep into meaningless superstitions. "Only thing we have to fear is fear itself," FDR. Live free!

Aries (March 21-April 19)

This month seems to pile up and get away from you, just breathe. All will be well, manage your emotions. Anxiety is a like a caged dog pacing back and forth. It's trying to release energy. Don't be a bad pet owner take your dog (anxiety) for a walk. Enjoy this incredible weather. Who knows, all that walking might just melt the pounds right off.

Taurus (April 20-May 20)

It's the season, for colds. The flu shot can't save you from co-workers who show up hacking and sneezing. Belief is powerful and can produce positive and negative results. Believe that you're healthy and act accordingly. Take the kids, dog, cat, bikes, and turtles for a walk everyday. Perhaps if you act like a healthy and active person—you'll begin to feel like one too.

Gemini (May 21-June 20)

Dear Gemini, you've experienced an explosion of creative passions. Your career has benefited. Take time and continue to explore yourself and others. The Scorpio Sun sheds light on secrets and hidden passions. Develop meaningful dialogue between coworkers and don't forget to listen. Perhaps this is the time to make your own traditions. Variety is the spice of life, but routine eases anxiety and establishes order. Enjoy it!

Cancer (June 21-July 22)

The struggle is real and you feel it. Your pushing against unseen forces trudging up a steep pathway. But in this case, it's mind over matter. If you believe it's hard—it's hard. Relax, this challenge will soon pass and others will take its place. Life is an ebb and flow of ideas and energy. Pet owners know the value of their furry friends. It's getting cold so go ahead and winterize shelters and ensure pet safety. You'll be glad you did.

Leo (July 23-Aug. 22)

Is it Valentines? No. Well, who would know dear Leo? Your basking in passionate intellectual and romantic pursuits. Your energy exceeds hours in the day. This week try giving back to the community. Volunteer at a local animal shelter, or donate to a worthy cause. It's getting cold out there. Homeless people and animals need a little support. Madame G suspects you might just be the one to save a life. And in return the universe will smile back at you.

Virgo (Aug. 23-Sept. 22)

Travel is in the stars for you this month. Practical matters were bogging you down, but now you're preoccupied with family matters. This is the time for breaking with tired and unhelpful traditions. If the thought of a family dinner gives you a headache rather than a sense of joy—get it catered. If your family is the issue, leave town and celebrate differently. There are no set rules. Don't forget the purpose for family time is spending it together not staring and glaring at each other.

Libra (Sept. 23-Oct.22)

Have a secret relationship, with yourself. Concentrate on working through those areas of weakness that hold you back from really living life. Perfection is wonderful, but it kills creativity. Adopt the grace and lack of concern of a house cat. When life seems stressful and hard just say "whatever." Cats often live much longer than dogs. Maybe it's because all they do is sleep, or it could be their "don't care" attitude.

Scorpio (Oct. 23-Nov. 21)

You're a force to be reckoned with. Others realize the benefits of having you in their corner. Your ambition takes everyone to the top. Scorpio is like a Mac truck dragging anything caught under your wheels. You'll carve a road to the peak, or level the mountain to the ground. Just remember to check your tires before you drive. It's cold out there and small animals often hide in tires. Check them out before you leave, then charge.

Sagittarius (Nov. 22-Dec. 21)

The world often underestimates your plotting nature. Unlike direct and forceful Aries, or quiet and cunning Scorpio, Sagittarius maneuvers from far away. Usually they hit their marks with accuracy and precision. You're an excellent hunter, if only in the proverbial sense. Use these talents to track and assess your career goals. They've fallen by the wayside and it's time to prioritize. Aim directly for the heart of the goal and don't relent until you've caught it.

Capricorn (Dec. 22-Jan. 19)

Dear Capricorn, somehow you balance humility with arrogance—it's usually called hypocrisy. But, on you it's charming. Take advantage of this gift and use it for good. Host a nonprofit event or fundraiser. Lead the way for a cause of your choice. Heck! Run for office. Everyone is doing it these days. You're as good as any other candidate. Pick a party, or several. Why not? It's not like anyone uses democracy anymore anyway—it's like so 1984.

Aquarius (Jan. 20-Feb. 18)

You're doing well Aquarius, congratulations. Likely your intellectual prowess and ability to manage emotions keeps you well above the rest. But, you feel off center because the balance of power has tipped. Have you developed a crush on your boss? Perhaps it's your boss's dog? You know it can never be, a Great Dane will never fit into your one bedroom apartment.

Written by Gallupsun Staff
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Madame G suggests checking out the shelter—there's lots of cats.

Pisces (Feb. 19-March 20)

Partnerships are important this month, dear Pisces. Forge relationships with family, friends, and co-workers. Take the most difficult person in your life out to lunch this week, and really listen. If you can afford it buy them lunch. It will seem challenging at first. You may even forget the experience, but they never will. Spread your compassionate joy around—it just might be catching.