

Madame G recommends you spend time enjoying the fall weather and the Last Quarter Moon on Friday, Oct. 18. This is the time to start new projects and enjoy. You have the ability to become who you've always wanted to be. You can do whatever you want if you really want it. But, you must be willing to make the necessary sacrifices. Be free and live well!

Aries (March 21-April 19)

At times it feels as if life is pushing you forward or bouncing you around in a washing machine. Anyone can become overwhelmed and tired of this constant back-and-forth. You're not the only one. Instead of forcing yourself away from a certain subject, take a moment to evaluate your thoughts. Care for your feelings and then you can let them go. Peace.

Taurus (April 20-May 20)

Don't hurry towards your own death. Take a moment to enjoy all of life's offerings, like joy. Timing is important. If you're feeling less than diplomatic, reschedule important meetings. At the same time, you may find yourself being overly-generous. Work toward balance and refocus on a personal mission.

Gemini (May 21-June 20)

You can do this! You're only moments away from the final selection. You may also want to force yourself to think everything through. There's no need to face disappointment about what could or should have happened. In the end, you must live with your decisions. It's not just about getting picked by someone for something. You also need to evaluate the situation for yourself.

Cancer (June 21-July 22)

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Written by Gallupsun Staff
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You're almost there. Don't give up. But, once you're done, you're on to the next one just like in that Jay-Z song. That's a great workout song, but it's not the best way to live your life. You can do so much more than you're giving yourself credit for. You don't need to stop being you. You just need to live the life that is right for you. Don't follow someone else's script.

Leo (July 23-Aug. 22)

Take care of your mental health. This is not often discussed as much as your physical health. But, your mental health is just as important, if not more. You can't change the world. You can only work on yourself. You can't prevent bad things from happening, but you can understand yourself in relation to them. Keep an honest and open mind. Do your best.

Virgo (Aug. 23-Sept. 22)

Life is not about forgetting or only doing what you're good at. Sometimes, you need to get up and have a hard day, fight, or get punched. These moments are tough and painful, but we are capable of more than we think. Don't give up on yourself. Don't give up on your loved ones. Make the most out of what you have here and now.

Libra (Sept. 23-Oct.22)

Be happy in the here and now, this is all we have. Pay attention to relationships and notice who has helped you. Now is a good time to practice random acts of kindness and use generosity and collaboration to open doors. Be sure you are making your moves out of real interest before you make commitments.

Scorpio (Oct. 23-Nov. 21)

Emotional agility is more than just a buzz word. It's also a state of mind. You must be resilient and strong to survive and be happy. We all have choices to make and burdens to carry. Our

way forward can lead to many great discoveries, but we must be willing and able to unfold them. Do your best today and keep moving forward, no matter how slowly and surely you go. Just go!

Sagittarius (Nov. 22-Dec. 21)

Don't look back; that's a pointless struggle. You are who you are. You may not be able to change everything, but that doesn't mean you can't live the best life possible. If you're seeking support, now is the time to go to the people who have always been there for you. Keep moving forward. You're doing the best you can and that's good enough!

Capricorn (Dec. 22-Jan. 19)

Perfectionism hurts many people and they might not even realize they're perfectionists. You might think that sloppy people can't be perfectionists, which isn't true. Sometimes you can be so stifled by a sense of perfectionism that you don't even try to make anything better because of a fear of failure. Is that you? Got perfectionism? Well, take a breath. You're doing fine.

Aquarius (Jan. 20-Feb. 18)

Don't give up on your dreams. You can do this. Don't give up hope. Focus on the parts that you can solve. If you're a people-pleaser, now is the time to determine if it's holding you back. You can disentangle from other's needs without being extreme. Don't just run, Try some discussion and negotiation to make things work in a new way.

Pisces (Feb. 19-March 20)

This is the time to be joyful, when you feel alone, neglected, and worthless. Feel as bad as you like and celebrate that feeling. Nurture yourself. You don't need to be afraid of the bad feelings, the mean feelings that strip you of courage and make you feel weak. Embrace those feelings. They are neither good nor bad. They are just like you. They are.

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