

A First Quarter Moon appears on Sept. 5. This is the perfect time to take stock of your life. What do you want? Madame G recommends that you take time to enjoy your life and spend time with your loved ones. You are more than capable of steering the ship of your life where you want. Good luck!

Aries (March 20- April 19)

Don't stress. Take a deep breath and allow a wonderful cleansing breath into your body. All is well. Remember, breathe in through your nose and out through your mouth. Repeat it for me, breathe in through your nose and out through your mouth. Good work! You can do this. Your family will appreciate your honesty and your new outlook.

Taurus (April 20- May 20)

Don't waste time trying to "fix" others and make them "better," all you really do is upset them. If you want to reach people, really reach people, you must take yourself less seriously. You can't make others conform to your dreamed up reality. It might be a nice place to live, but your loved ones have their own idea of heaven. Learn to live and let live. Good luck!

Gemini (May 21- June 20)

Take a moment to ask yourself, who are you really? Don't shrink from the answer, embrace it. If you've been racing around on an adrenaline high trying to save the world, make some room in that busy schedule for self-care. Take time for working out, walking, meditating, personal time and space. Make appointments with yourself for serenity.

Cancer (June 21-July 20)

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Life is what you make it and you can make yours great. This is not the time or place to try making others into your vision. You must learn to accept what you can't change. If you can't accept it, then it might be time to leave. No one should force you into a position that is illegal, immoral, or damaging, but if it doesn't fit those categories - you might be wrong.

Leo (July 22- Aug. 22)

Change your mind, change your life. You never know who will have a positive impact on your life. It could be a barista at Starbucks, your son-in-law, or someone you've never met. Embrace this interesting time and enjoy the people around you. You may think you know it all, but that might be an illusion. There are great and wondrous things to be learned and enjoyed each day.

Virgo (Aug. 23- Sept. 22)

Go boldly wherever you go! Do not back down from challenges just because you're scared. You must face each day as if it were your last. Look out at the world and experience a new day. The time is near. You will be okay. Let go of your fear and embrace the life you should have been living all along. Good luck, my friend. Keep your eyes, ears and heart open to possibilities.

Libra (Sept. 23- Oct. 22)

Don't give up hope now. Create a life that you're proud to lead. Focus on tying up things left undone over the summer season and create room for new energy. Self care matters, so don't push yourself beyond your limits. You may have to pass up a few social invitations to catch up on shut-eye.

Scorpio (Oct. 23- Nov. 21)

Don't avoid the hard work just because you want to get a way for a minute. Take plenty of time for yourself and don't get trapped into thinking the worst about yourself. You are more than

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capable. Be humble! But, don't bring yourself down or make yourself less for other people. They can learn to appreciate who you are or lose you. The choice is simple. You are awesome!

Sagittarius (Nov. 22-Dec. 20)

Take care of your family and live the life you've always wanted. Don't give up and keep pushing forward. How can you determine where best to spend your energy? Back up your dreams with a logical system that involves data. There will be some research involved in order to make your best decisions.

Capricorn (Dec. 21- Jan 19)

Be kind to those around you. You never know when you may need a friend or someone to lean on. The best thing you can do is offer what you can right now, today. You don't need to be perfect. You don't need to give anyone anything or do anything. Instead, try to focus on just being there for your friends. Be. That is all you need to do.

Aquarius (Jan. 20- Feb. 18)

Peace be with you. Don't ignore what your gut is telling you. You know what you can handle and what you can't. Don't judge yourself for being human. Believe in yourself. Know that you're as capable as anyone. You have talents that many don't. Use them to help others and you'll discover something wonderful about yourself. Good luck!

Pisces (Feb. 19- March 19)

Don't be afraid to reach out to a friend! Make sure you aren't overloading your schedule with back-to-the-grind duties. Who would you like to get closer to before 2019 is through? Now's the time to foster those deeper, stronger connections.

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