Written by Gallupsun Staff Friday, 02 August 2019 07:11

Madame G wishes you well. If you have plans to live your best life, the time is now. The Sun is in Leo and the mighty lion is not afraid to roar. Learn your lessons well and be bold. Take action now.

Aries (March 21-April 19)

What goes up must come down. You can't avoid this. Our emotions even drive us toward these extremes. They're not unique to you. However, if you find yourself too far down for too long, you don't need to suffer. It takes courage to seek and ask for help. Everyone has their challenges and this may be one of yours. Whatever the case, you're worth helping. You're not alone.

Taurus (April 20-May 20)

One failure does not in turn make you a failure. You can do this. GO! Now that Mercury's moving ahead again, you can start building or reinforcing some alliances, putting a professional message out on the wire, or just hitting the summer soiree circuit with your squad. Mercury will speed through Cancer until August 11, giving all your communiques a little extra panache and punch.

Gemini (May 21-June 20)

If you've let one good opportunity after another go by, don't focus on what didn't happen. Set an intention to do something this week, and quite possibly today. Are you living a life worth living? If all else fails, hit the gym or take a power-yoga class and work it out with a good sweat.

Cancer (June 21-July 22)

You haven't hit the end yet. You haven't even begun to get there. You're barely starting out.

## Madame G guide to the stars Week of AUGUST 5

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That's terribly exciting. You have no idea what new adventure awaits just around the corner. You can do anything you put your mind to and you're capable of so much more than you'll ever imagine. Keep up the good work and the rewards will follow. Godspeed!

**Leo** (July 23-Aug. 22)

Hump day features the year's only Leo new moon, which is kind of like your own personal New Year. New moons are a time for fresh starts, but before you officially open a new door, pause for a minute to reflect on all your coups and achievements of the last six months. Setting up an attitude of gratitude puts you in a mindset to receive even more!

*Virgo* (Aug. 23-Sept. 22)

You can't run at full power forever. There must be a break of some kind. You can take precious moments to reflect and appreciate. You may also take time to study, learn, and discover. All of this is part of the journey that makes living such a rewarding experience. Keep trying.

Libra (Sept. 23-Oct.22)

One closed avenue simply leads toward another path. Stop looking outside yourself and start looking inward. You can do anything that you set your mind to. If you put a little effort into trying and learning, you can reach more people than you ever dreamed. Stop hiding behind perfection and live!

**Scorpio** (Oct. 23-Nov. 21)

Don't get stuck! If you want something, start going toward it. You don't have to stop until the fat lady sings! Now is the time for reflection and contemplation. You can't keep going through the motions. You must take swift and careful action, but think before you act.

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Sagittarius (Nov. 22-Dec. 21)

It's hard to narrow your focus when you're enjoying the view through that super-wide-angle lens! But this doesn't HAVE to be an all-or-nothing proposition, Archer. There are ways to toggle back and forth so that you can tap into the big-picture vision and not worry how "doable" it is and then later, when you're back in the editing room, run things through the reality filter.

Capricorn (Dec. 22-Jan. 19)

You have lots to do and so much on your mind. You may think that the answer is always definite, but it's usually not. Fear is the greatest crutch against doing what's right. You may think you're "too" something, but even you know that's not right. You're never too old, too young, too smart, too dumb, or too whatever to live as you've always wanted. Do it now.

Aquarius (Jan. 20-Feb. 18)

Health and self-care may not even have crossed your mind for the past couple weeks. But now that the cerebral planet is back in working order, you could get blasted by a new wave of motivation to bump body, mind and soul care to the top of the list. Set a few realistic goals and take some concrete steps that can yield results.

Pisces (Feb. 19-March 20)

An edgy square between volatile Uranus in your communications center and the self-directed Sun in your sixth house of organization and hard work might overload your internal operating system. Take this as a warning sign to slow down and stop trying to multitask and put out fires that don't affect you.