

Enjoy a First Quarter moon Jan. 14 and embrace the transition — it's going to be a bumpy ride. Change ain't easy. Sometimes, our darkest hour can be a moment of clarity and understanding. Do not wait quietly by the corner and allow life to happen. Take life by the horns and hang on. You may get a little bruised, but what a wonderful ride it will be. Good luck!

Aries (March 21-April 19)

Now is the time to try something new. Life is a continual process of rebirth and renewal. But you can't only accept the good. In a cycle of life there is also death, and this can take many forms. When you look back at your life, you'll notice that the best times likely followed a time of great sorrow. Don't fret the little changes that look like a death, when it's really just a beginning.

Taurus (April 20-May 20)

How do you cope with stress? No one is as immune as they seem. Everyone is bothered by the little things, but by how much is an important consideration. You're more than your emotions. But, your actions do speak louder than words. In the end, stop talking about what you believe and start showing people exactly what you believe by being what you believe. Do or do not.

Gemini (May 21-June 20)

Only you know the answer your heart seeks. Be honest. You don't need to convey your truths to anyone except yourself. Your honesty with yourself should only be about you. Learn to rely on your opinion without the opinion of others. This doesn't mean you can't appreciate what others have to say, but don't discount what you think just because others don't agree. Let your heart speak louder than words.

Cancer (June 21-July 22)

Your life is a rich and wonderful journey. You have made the right steps toward greatness and you're working toward the next step. Enjoy what you have with those around you. Sometimes, the shell-encrusted folks among us are afraid to enjoy what we've received. Sometimes, we are afraid to share with others for fear it will be taken away from us. Don't be afraid, you have a hard shell for a reason! Be generous! Act alive and you'll start to live.

Leo (July 23-Aug. 22)

Take this New Year to become the lion you have always seen yourself as. Wash away bad habits and realize true potential. Mend old fences with the loved ones you've pushed away. Work hard and make up for lost time. And be kind in the process. To yourself. To others. You'd be surprised what a little lion-hearted kindness can create.

Virgo (Aug. 23-Sept. 22)

Life is not as hard or difficult as you imagine. We often make it worse than it is. That doesn't mean that bad things don't happen — they do. You have a right to be mad, angry and sad. But remember that some of it feels worse than it is because you're making it worse than it is. Do your best and keep moving forward. You've got this. Now is a good time to explore ways of shedding the dead skin of anger.

Libra (Sept. 23-Oct.22)

Look up and move forward with confidence. Sometimes, we can only stare at our feet and decide which foot to put forward and in which direction. But now is time for you to look toward the bigger things, the sky, the horizon, the future. Aim in a general direction. Remember, uphill can be a sweaty trek, but the views from the top are breathtaking.

Scorpio (Oct. 23-Nov. 21)

Keep going, strong, noble Scorpio. This year, let even less bother you. Work hard, but only in the right directions and for the right people. Your gratitude is a loyal asset; continue to show it for those who show it to you. And don't withhold it from the ones who you think have spited you. Those little pricks make us stronger.

Sagittarius (Nov. 22-Dec. 21)

Good luck Sagittarius, you're an amazing apprentice on a wild ride. Now is the time to keep trying and starting over. You will renew and you will come back around. But, first you must accept the reality. From there you can push forward and do what you can to work towards your many goals. You can do this!

Capricorn (Dec. 22-Jan. 19)

Don't forget to take care of yourself. You've been giving and giving and giving your love and care to those around you. What about you? Are you fading out? What is one step you can take toward showing love to your very own being? Just one small thing. Start there — you can do it. Those around you will feel the gift, too.

Aquarius (Jan. 20-Feb. 18)

Believe in your dreams. You are who you are meant to be. Keep your eyes looking forward and agree to help those around you. Develop a strong plan for yourself and keep pushing forward. You can accomplish anything that you put your mind to. And don't pummel others in the processes. Take them along.

Written by Gallupsun Staff
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Pisces (Feb. 19-March 20)

You might need to adjust to your life of solitude, but it might be only punishment for past transgressions. Start the New Year right, and begin to see other points of view. Travel less this year and rest. Focus on what betters your financial situation. Don't splurge, but don't be afraid to make splashes in other realms.