

After a glorious full moon Nov. 24, embrace the crazy (just in time for Black Friday) day. The unofficial start of consumer's day (i.e. Christmas) is just waiting to mess up all your great budgeting plans. Madame G recommends you take time to reflect and give thanks. Now is the time to enjoy your family, friends and pets. Believe that tomorrow can be well. Good luck!

Aries (March 21-April 19)

Don't stress. Take a deep breath and allow the wonderful cleansing breath into your body. All is well. Remember, breathe in through your nose and out through your mouth. Repeat it for me, breathe in through your nose and out through your mouth. Good work! You can do this. Your family will appreciate your honesty and your new outlook.

Taurus (April 20-May 20)

Don't waste time trying to "fix" others and make them "better," all you really do is piss them off. If you want to reach people, really reach people, you must take yourself less seriously. You can't make others conform to your dreamed up reality. It might be a nice place to live, but your loved ones have their own idea of heaven. Learn to live and let live. Good luck!

Gemini (May 21-June 20)

Take a moment to ask yourself, who are you really? Don't shrink from the answer, embrace it. Leigh Bardugo put it like this: "Who are you when no one picks you up to hold you?" asked the Rat King. "When no one is looking at you, or whispering to you, who are you then?"

Cancer (June 21-July 22)

Life is what you make it and you can make yours great. This is not the time or place to try making others into your vision. You must learn to accept what you can't change. If you can't accept it, it might be time to leave. No one should force you into a position that is illegal, immoral or damaging, but if it doesn't fit those categories — you might be wrong.

Leo (July 23-Aug. 22)

Change your mind, change your life. You never know who will have a positive impact on your life. It could be barista at Starbucks, your son-in-law or someone you've never met. Embrace this interesting time and enjoy the people around you. You may think you know it all, but that might be an illusion. There are great and wondrous things to be learned and enjoyed each day.

Virgo (Aug. 23-Sept. 22)

Go boldly wherever you go! Do not back down from challenges just because you're scared. You must face each day as if it were your last. Look out at the world and experience a new day. The time is near—you will be okay. Let go of your fear and embrace the life you should have been living all along. Good luck my friend. Keep your eyes, ears and heart open to possibilities.

Libra (Sept. 23-Oct.22)

Don't give up hope now. Create a life that you're proud to lead. "It doesn't matter how many times you get knocked down," Roy T. Bennett said. "All that matters is you get up one more time than you were knocked down."

Scorpio (Oct. 23-Nov. 21)

Don't avoid the hard sh-t just because you want to get away for a minute. Take plenty of time for yourself and don't get trapped in thinking the worst about yourself. You are more than capable. Be humble! But don't bring yourself down or make yourself less for other people. They can learn to appreciate who you are or lose you. The choice is simple — you are awesome!

Sagittarius (Nov. 22-Dec. 21)

Take care of your family and live the life you've always wanted. Don't give up and keep pushing forward. James Carville said it like this: "The only person that ever stumbles is a guy moving forward. You don't stumble backwards; you stumble forward, and you never stumble when you're stationary. So don't worry about stumbling. Keep pushing it forward."

Capricorn (Dec. 22-Jan. 19)

Be kind to those around you. You never know when you may need a friend or someone to lean on. The best thing you can do is offer what you can right now, today. You don't need to be perfect. You don't need to give them anything or do anything. Instead, try to focus on just being there for your friends. Be. That is all you need to do.

Aquarius (Jan. 20-Feb. 18)

Peace be with you. Don't ignore what your gut is telling you. You know what you can handle and what you can't. Don't judge yourself for being human. Believe in yourself. Know you're as capable as anyone. You have talents that many don't. Use them to help others and you'll discover something wonderful about yourself. Good luck!

Pisces (Feb. 19-March 20)

Don't be afraid to reach out to a friend! That's what they're there for, as they say. But on the flip side, be open when friends reach out to you. Sometimes, you need it more than they do.

Madame G guide to the stars WEEK OF NOVEMBER 26

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“Sometimes, reaching out and taking someone’s hand is the beginning of a journey,” Vera Nazarian said. “At other times, it is allowing another to take yours.”