

Got New Moon? On Nov. 7, you will. Full Moons bring out the crazies, but New Moons invent them. Madame G recommends you take time to reflect, for the “unexamined life is not worth living.” Even if you don’t believe Aristotle, trust yourself to know what’s good for you. As we head toward the end of the year, start unpacking (literally) what no longer suits you. Go far!

Aries (March 21-April 19)

Healthy boundaries are a beautiful thing. If someone (even family) no longer — or maybe never to begin with — respects your boundaries, you are not obligated to allow them into your life. You don’t have to be mean or hurt anyone, but you have every right to protect yourself. Remember this from Dr. Seuss: “The ones who matter don’t mind and the ones who mind don’t matter.”

Taurus (April 20-May 20)

Let go of those preconceived perceptions. Put another way, let go of your control. If you want to continue long-lasting and meaningful relationships with people, you need to let others live their own lives. Allow your family to make their own choices. They will with or without you anyway, so chose to let go and live the best life you can. Don’t get stuck in the muck. Live free!

Gemini (May 21-June 20)

What are you waiting for? This life does not get easier to navigate or understand. What you do gain is perspective through experience. Don’t give up on yourself. If you need a little more discipline, look for someone in your community with this trait and model them. You may even ask for help. You don’t have to love everything about them to admire one good quality. GO!

Written by Gallupsun Staff
Friday, 02 November 2018 07:18

Cancer (June 21-July 22)

Stop waiting for the perfect answer and perfect life to get where you need to go. Put one foot in front of the other and do your best. You can live the life of your dreams every day, if you allow it to be what it is. Everything and everyone in your life will have a better tint to them, if you don't try to recreate them in your image. Besides, not only is that selfish — it's dangerous. Be careful.

Leo (July 23-Aug. 22)

Don't stop believing! Have a great day and put your best foot forward. Only you know the struggles you've endured along the way. You can do anything you put your mind to. Good luck! Gillian Anderson put I like this: "Just remember, you can do anything you set your mind to, but it takes action, perseverance, and facing your fears."

Virgo (Aug. 23-Sept. 22)

Where will you go from here? Don't give up. Keep looking within your heart for the answers and push yourself into an uncomfortable place. Malcom Gladwell said: "If you push yourself, you'll always be out of your comfort zone." This is not comfortable. It's not always fun. But at the end of the day — you'll look yourself in the face and smile. What a badass!

Libra (Sept. 23-Oct.22)

Be kind, rewind. Don't be an outdated technology. You may have to learn something new this week. Rule one: You can do it. Rule two: keep trying. Repeat, repeat, repeat. And there you go. Who knew your entire life could and would change today. Be the little engine that could and keep on going. Eventually, you'll get there.

Scorpio (Oct. 23-Nov. 21)

Never assume, dear Scorpio. To quote Tim Ferriss, “Don’t overestimate the competition and underestimate yourself.” The one getting in your way is you. So get out of your own way. Do this by committing to do one thing that scares you each day. It can be small things. Remember small things add up over time. Make one good habit a day and work from there.

Sagittarius (Nov. 22-Dec. 21)

Close your eyes, don’t despair. You’re going to be alright. You may suffer a little in the long term. But ultimately, you’re going to surprise yourself. You have more strength and wisdom than you think, and there is so much more to the world than you could imagine. When you open your eyes imagine the world is accepting of you and will help you accomplish your goals.

Capricorn (Dec. 22-Jan. 19)

Breathe! Life is good, so live a little. Tucker Max had this to say: “I try to explain to people that the only way to be cool is to be who you truly are, and the only way to live life is to do the things that you want to do and be the person that you want to be no matter who that is or what that is or how you have to do it. That’s the only way you can be genuinely happy.”

Aquarius (Jan. 20-Feb. 18)

Hello. This is your life. And this is an intervention. You need to stay focused. Get up. Tackle the day strong. At some point (like today), you need to stop dreaming and dwelling in the possibilities and get shit done. You must be firm. This will mean letting go of some ideas. Remember by saying “NO” to something, you’re saying “YES!” to something else. Good luck!

Pisces (Feb. 19-March 20)

Madame G guide to the stars WEEK OF NOVEMBER 5

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Well, it could have been worse. In the end, this is what you got. Stop twisting back and forth, because you're driving other people crazy. Focus on one good thing and reflect on that. Then look at a few negative habits and work to change them incrementally. Do your best. Don't get trapped in the muck. You'll be fine if you keep pushing forward. You can do it!