Written by Gallupsun Staff Friday, 29 June 2018 04:28

Happy Independence Day! As we enjoy barbeque, watermelon, and ice tea remember to show appreciation and thanks. Kindness is not a novelty. It's available to all of us every day of our lives. Madame G recommends that you feel brave enough to speak your mind and fight for what is right, while showing compassion. We can be both loving and fierce like a momma Grizzly.

Aries (March 21-April 19)

It's hot out there and you're feeling the heat. Don't let it get you down. Life is all about ebb and flow. You can't expect to be "on" all the time. Sometimes you're going to have a very off day. Other days you'll rock the world and create something new. Either way, it's a new experience. Relish the challenge and learn to appreciate life's little moments that are full of promise.

Taurus (April 20-May 20)

What can you do, but accept the change? This may be the perfect time to let go. But, don't let yourself get lost. It's easy to fake a smile here and there when you don't feel up to it. Do you really want to live that way? Create the life that you'd want to live—the way you'd always dreamed. It's now or never. There is no turning back. Go forward.

Gemini (May 21-June 20)

Don't give up, dear Gemini. It's not over until it's over. You hold the keys to so much more than you've ever imagined. Don't get lost in the details when everything around you is rife with turmoil. You must pay attention to the times you live in. It's more than being an ostrich with your head in the sand. You must live in the years you were dealt. Keep trying.

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Cancer (June 21-July 22)

Well, this is sweet. You can't afford to give up integrity with your life. Don't cave in. But, don't dictate what other people should feel either. Instead of shouting out your opinion, consider sitting down with someone you disagree with. Don't force change on them. Don't try to sway their opinion. Instead listen to them. Really hear what the other person has to say. Try it.

Leo (July 23-Aug. 22)

It's hard to dig through the past. But, it's also liberating. There's nothing like discovering who you really are in the context of this world. By learning about our past and that of our ancestors, we can learn even more about ourselves. It's a beautiful thing. Share it with the world and with the ones you love. Don't give up. Keep trying. You've got this.

Virgo (Aug. 23-Sept. 22)

Don't lose the faith. Your heart is tougher than you think. You can do so much more than you've ever realized. Now is the time for action and fun. Think about what you'd like to see in your life. You have two choices: left or right. Is this good or bad? You don't know. You must think carefully and move onward. There is no going back.

Libra (Sept. 23-Oct.22)

Humans are very loss averse. We hate the idea of losing or missing out on anything even more than we appreciate gain. Take a moment to consider how this affects you throughout your life. You may choose one path and head down another. Take your time and think this path through to the end. You can do so much more than you ever imagined. And the gains will be rich.

Scorpio (Oct. 23-Nov. 21)

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The Devil is in the details—they are important. However, don't get so trapped in the details that you lose sight of the raging fire upon the shore. You need to see the entire picture before you know what details are necessary. Take a step back and wait. You don't know what the future holds, but you can keep working towards a life you love. Every day is a vacation.

Sagittarius (Nov. 22-Dec. 21)

Don't just walk away mad. You must learn to moderate your emotions. You can't call everyone stupid just because they disagree with you. Instead sit down and listen to what the other side has to say. You don't have to agree. What are you worried about? Are your arguments so weak that you're afraid you'll cave after the first minute? No? Then try to listen, it won't cost you a thing.

Capricorn (Dec. 22-Jan. 19)

What do you have to lose by giving up your emotional responses? Is there any point in your life that your emotional outbursts didn't cause a problem? You may have noticed a pattern. If you haven't, you should. It's easy to make a stand on the issues that are compelling and pull on your heart strings, with good reason. But, those issues may be more manufactured than you think.

Aquarius (Jan. 20-Feb. 18)

The heart is a lonely hunter. You can chose to face the world alone or pick up a tribe along the way. But, the tribe's opinion is not always right. It's easy to act as if the world is not on fire when you have the only pool, but you might just miss the point. Consider taking some time to step back and think about what you want to say before you say it.

Pisces (Feb. 19-March 20)

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Don't worry it aint over...You know what to do with yourself. Don't get lost in the brick and mortar of someone else's soul. Human beings are so much more complicated than we imagine. In our hearts we conform to the world, all the while, we challenge what we know about ourselves. Don't lose faith. There is an answer on the other side. Good luck