

The Sun is in Gemini and a First Quarter Moon emerges on June 1. During the quarter moon phases, Madame G recommends rest and reflection in preparation for change. You may notice tempers flaring and drivers enacting creative driving. Take your time and don't rush. Enjoy this season, remember we only have so many left. Honor the memory of those no longer present.

Aries (March 21-April 19)

You're noticing changes within your own heart. Perhaps desires that seemed so insistent no longer bother you. Maybe you're growing old. Maybe you're growing up. Age is just a number. How you live your life intentionally is more important. Don't give up your dreams. Allow your heart muscles to dream and expand. Just give it a try—they may surprise you. Go!

Taurus (April 20-May 20)

Jumping off a cliff takes a huge leap of faith. Perhaps you don't really want to do it. Maybe you don't really trust your sister, who packed your base-jumping gear. Decisions. Decisions. To jump or not to jump? Whatever your cliff looks like, STOP! Consider what's in your best interest. You may decide that base-jumping is for you. Maybe it's not. Learn to be okay with either decision.

Gemini (May 21-June 20)

The Sun is shining in your corner. You can't lose. Except you must learn to stop and look both ways. You have the enthusiasm of a child, but it doesn't last. How will you maintain momentum? First, figure out what you really want in this life? You may be perfectly content with the status quo. If so, great! If not, why not? You can change anything, with patience.

Cancer (June 21-July 22)

Your heart's a lonely hunter. This is the name of the game of life. You stop to reflect and consider: why am I always restless? If you continue to feel as if you need to fill yourself up with outside influences: STOP! You're enough as you are. You don't require another degree, certification, or gratification in order to be you. You are you as you are. That's enough.

Leo (July 23-Aug. 22)

Reflection is excellent. Rumination is not. Dust of the cobwebs and take a walk on the wild side. It's easy to become obsessive about projects you love. They're fulfilling and soothe that lonely achy place deep in your soul. There's nothing wrong with them. But, take a moment to enjoy life. Consider the bounty of the season. Learn something new. Explore. Aint life a hoot!

Virgo (Aug. 23-Sept. 22)

Do yourself a favor and consider possibilities. You may be overlooking something important. The best way to move on to the next step—is to shape up and clean up your old life. If you're planning a move—clean your house. It will make you more grateful and you'll have less stuff to move. If you're ready for a new life. Begin by taking care of this one—right now!

Libra (Sept. 23-Oct.22)

Vacation's over get back to work! If that's how you feel—on a daily basis—you have some restructuring to do. If a vacation is not in your sights. Stop. Breathe. Take time to reflect on the life you want to live. Really think. Do you really want to be on the Real Housewives? If so, look around, do you see an agent? If not you may need to rethink your priorities. Go ahead, do it.

Scorpio (Oct. 23-Nov. 21)

It's funny how the little things really make a difference. For instance, if you tidy up your house—really tidy up—you may notice how much calmer you feel. You didn't really change anything or spend any money—you took the time to consider what to keep. This is important. If you want to find happiness and live a joyful life—do this for yourself. Take time for joy. Today.

Sagittarius (Nov. 22-Dec. 21)

You're ready for the next step. Does this mean you can stop? No! You must keep on pushing through. You're heading straight for the top and there's nothing anyone can do to stop you. This is going to be a wild, fun, ride. You can totally do it. Go ahead try it! Be happy.

Capricorn (Dec. 22-Jan. 19)

Happiness is a choice. You may choose your happiness or you may choose the opposite, but it's a choice. The thing is, it doesn't always feel like a choice. It's a moment when a driver cuts you off, your boss yells at you, or you fall on your ass. Whatever the case, take a bad or less than stellar moment and breathe deep. Don't be happy or sad. Just be. It's going to be fine.

Aquarius (Jan. 20-Feb. 18)

You have your entire life ahead of you. No matter how old you are—it's never too late to be who you've always wanted to be. Think about those adorable rescue dogs who experience grass or freedom for the first time. They don't cry over what they've lost—they're excited for the moment. Breathe deep into this moment. This is all we really have. Own it!

Pisces (Feb. 19-March 20)

Madame G guide to the stars WEEK OF MAY 26

Written by Gallupsun Staff
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You're heading out on a new journey. This is the life you've always wanted. You just don't know how to get there alone. You may need to move out of your dad's house. Maybe you need to reach out to people in a new way. Remember, if you have to buy someone something to be your friend—that's not a friend. You have choices. Move onward and upward. Go!