## It's Guinness World Records Day and local school helps set new record

Written by gallupsun Thursday, 08 November 2018 06:53

David Skeet Elementary School participates in world's largest sport stacking event

Staff Reports

Did you know stacking and un-stacking plastic cups is an energizing, brain-activating and world-record-setting activity?

Thousands of participants will take part in what Guinness World Records terms the "World's Largest Sport Stacking Event"

Nov. 8. Students at David Skeet Elementary in Vanderwagen stack it up at 9:30 am

During the course of Guinness World Records Day, sport stackers from all reaches of the world will be up stacking and down stacking various pyramids in prescribed patterns at lightning speed for at least 30 minutes, all combined with a variety of fitness activities. Sights are set on 625,000 stackers participating as sport stacking with Speed Stacks continues to gain popularity around the world.

In 2016, 622,809 stackers participated to break the previous year's STACK UP! record of 618,394

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Once again, tens of thousands of stackers are expected to contribute their sport stacking skills from across the United States and around the world in countries such as Hungary, Germany, Israel, South Korea, New Zealand, Colombia, and Taiwan. In addition, many schools are using this event to benefit local communities by stacking up for a good cause.

According to Bob Fox, WSSA Founder, the Guinness event is a wonderful way to bring together sport stackers across the globe.

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"Sport stacking is an activity enjoyed by all ages and cultures. It promotes hand-eye coordination, brain activation, fitness, teamwork, speed and lots of fun," he said. "This event allows us to team up with Guinness World Records, and we're excited to have another shot at breaking a world record."

Sport stacking with Speed Stacks is in more than 40,000 schools and youth organizations worldwide. It's appealing to teachers and students because it's easy to learn but very challenging to master. Benefits include improved reaction time, hand-eye coordination, concentration and focus. The WSSA is the governing body for sport stacking and promotes Stack Meets, Leagues and Tournaments around the world. Speed Stacks is the official equipment supplier to the WSSA.

To take part in the record-setting STACK UP!, schools and organizations around the world are required to register 25 or more stackers with the WSSA. Once a group completes the 30 minutes of stacking for each participant (anytime during November 8<sup>th</sup>) the organizer and a witness are required to send in an online verification of numbers to the WSSA, who will pass on the total count to Guinness for official recognition.

Sport stacking has been termed a "track meet for your hands at warp speed." It's an exciting sport where students up stack and down stack 12 specially designed cups called Speed Stacks in predetermined sequences as fast as they can.

Stackers race against the clock, compete in relays and often combine sport stacking with fitness challenges as part of physical education classes.



Visit: thewssa.com or speedstacks.com

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