

## Four Corners Detox Recovery Center celebrates first anniversary

Written by Staff Reports

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### **facility is providing greatly needed substance abuse treatment services**

Four Corners Detox Recovery Center, which is providing much needed substance abuse treatment programs to the Gallup area, is celebrating its one-year anniversary.

FCDRC opened in Dec. 2020 offering medically managed detoxification services to men and women and added a short-term Residential Treatment Program in June in order to meet significant demand in the community. All FCDRC programming emphasizes bridging traditional cultural practices with evidence-based treatment through the use of peer support and local staff.

The latest effort by FCDRC has been to create the Four Corners Rural Health Care Services Outreach Consortium. This Health Resources and Services Administration grant-funded Consortium involves a number of other healthcare organizations including the Navajo Area Indian Health Service Gallup Indian Medical Center, Hozho Center for Personal Enhancement, Rehoboth McKinley Christian Health Care Services, and the New Mexico Human Services Department Behavioral Health Services Division.

The Consortium was established to respond to the substance abuse crisis in the community. The member organizations are working together to develop health policies, best practices and direct service programs that will help reduce dire health disparities and delayed access to treatments related to substance use for people living in the City of Gallup and surrounding rural areas. It will do this by providing a host of behavioral and medical health care services.

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As its first task, the Consortium has begun the Four Corners Rural Health Care Services Outreach Project. This project's goal is to significantly improve health outcomes for individuals, predominantly Native American and Hispanic, who have a history of, or who are at risk for, substance use disorders.

As the lead organization in the Consortium, Santa Fe Recovery Center, the parent organization of Four Corners Detox Recovery Center, secured two federal HRSA grants to support the efforts. With this funding, Four Corners hired Crystal Masingale as the new Outreach Coordinator. She will lead a team of four Outreach Staff Members. This innovative team will work with individuals and providers throughout the community and surrounding areas to provide prevention, treatment and other recovery support services including detox services, residential services, and harm reduction.

"We are incredibly grateful to Santa Fe Recovery Center and the staff and directors of Four Corners Detox Recovery Center for their thoughtful and impactful contribution to the system of care for the Gallup, McKinley County, and Northwest New Mexico region," Director of the Behavioral Health Services Division Neal Bowen said. "The absolute dedication of this organization to provide an array of needed services in a high quality, thoughtful and evidence-based way is an amazing gift to the state, and all of our neighbors in this area,"

"Our team is honored to serve this community. There is great energy around the work that we do, and the one-year mark is an opportunity to reflect on how much we have grown and what we have accomplished in the first year," FCDRC Program Director Barry Ore said. "With the Outreach initiative and other collaborative partnerships, we are headed into our second year with a lot of momentum."

Santa Fe Recovery Center, a nonprofit founded in 2005, has proven experience with providing a full range of substance abuse treatment programs in northern New Mexico. Another one of their programs, the Detox Center in Santa Fe, has been run by SFRC in direct coordination with Christus St. Vincent Regional Medical Center and Santa Fe County since 2017. That program has been recently remodeled and expanded as part of the La Sala Behavioral Health Crisis Center.

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***Santa Fe Recovery Center is a non-profit, CARF-accredited (Commission for the Accreditation of Rehabilitation Facilities) substance use disorder program based in Santa Fe, N.M. SFRC was established in 2005 to respond to the long-existing problem of substance abuse plaguing Northern N.M. SFRC provides detoxification, residential treatment, regular and intensive outpatient, and medication assisted treatment, and accepts patients from all areas of the state.***

***For more information, visit [www.sfrecovery.org](http://www.sfrecovery.org), the SFRC Facebook page @sfrecovery, the Four Corners Detox Recovery Center Facebook page @FourCornersDetox or call (505) 490 -7270 or (505) 471-4985.***